

Alpine Ranch Pasta with Green Salad

For Pasta

Bring large Pot of water to a boil

Add Kosher salt, enough so the water tastes salty

Add the Pasta

Cook for 6 minutes and remove with strainer or drain into colander

While pasta is cooking heat a sauce pan and add the ground beef. Brown the ground beef and add the Pasta sauce (for large meals add the jar of pine nut sauce and add the Sicilian sauce to taste as it is spicy)

Heat the beef and pasta sauce on low.

Add a 1/2 ladle of pasta water to the sauce as it starts to warm

When pasta is cooked and the sauce is hot, drain the pasta and add all back the empty large pot and mix well

Cook on low heat for 1 minute

Add salt and pepper if you would like some

Add drizzle of extra virgin olive oil... this is optional.

For Salad

chop the salad greens and add the Dressing. Crumble the parmesan crisps on top.

Plate

Add some pasta to a plate and serve with a side of salad.