

## **(veg) Chicken with broccoli, potatoes and mustard sauce**

### **For the patty**

Form the veggie patties into 8 ounce patties

Heat a large sauté pan to medium heat

Cook the patties for 5 minutes flip and cook 5 more minutes.

Add the sauce and bring to a simmer, add the chicken back to the pan and serve

### **For the Potatoes and Broccoli**

Heat the oven to 350 degrees

Cut the potatoes into quarters

Cut the Broccoli into pieces

In a large bowl toss the potatoes and Broccoli with salt, pepper and olive oil

Place on baking sheet and roast for 20-25 minutes

Serve with the chicken and sauce

### **Fruit Salad**

Enjoy fruit salad on the side!!